

ERGO 5K / 02-2022



500 m splits and rates

Name	Cat.	Weight	Drag	5k	Av./500m	Av. Rate	1	Rate	2	Rate	3	Rate	4	Rate	5	Rate	6	Rate	7	Rate	8	Rate	9	Rate	10	Rate	Av./Watt	Lactate	2K Fév-22
BRUNET Benoît	M	92	135	15'39.6	1'33.9	29	1'34.9	31	1'35.2	30	1'34.7	29	1'34.5	29	1'34.8	28	1'34.7	29	1'34.6	29	1'34.0	29	1'33.6	29	1'28.9	32	422		5'53.2
NOIROT Vincent	M	88	153	15'41.3	1'34.1	29	1'32.5	32	1'33.9	30	1'33.9	29	1'34.0	29	1'33.9	30	1'34.3	30	1'34.7	29	1'34.4	29	1'34.6	29	1'35.0	28	420		5'54.7
ONFROY Theophile	M	82	131	15'43.7	1'34.3	32	1'34.7	32	1'34.3	32	1'34.2	32	1'34.4	32	1'34.3	33	1'34.6	33	1'34.6	34	1'34.6	33	1'34.7	32	1'33.3	33	416		5'58.7
TURLAN Guillaume	M	98	135	15'44.6	1'34.4	28											1'35.6	27					1'35.1	28		1'31.8	29	415	5'58.1
ONFROY Valentin	M	86	135	15'47.6	1'34.7	29	1'34.0	31	1'34.9	30	1'34.7	30	1'34.8	30	1'34.7	30	1'35.0	30	1'35.5	30	1'34.6	30	1'35.1	30	1'34.3	29	411		5'59.0
BRISSON Marc	M	96		15'50.7	1'35.0	31	1'35.7	31	1'35.7	31	1'36.2	31	1'36.2	31	1'36.1	31	1'36.1	31	1'35.6	31	1'35.6	31	1'31.7	34	1'31.7	34			5'57.6
LE GAL Adam	M	93	137	15'52.9	1'35.2	31	1'34.7	31	1'34.7	29	1'34.8	29	1'34.9	29	1'35.1	30	1'35.2	30	1'35.1	32	1'35.6	33	1'36.7	32	1'36.1	37	405		5'59.6
VEDRINELLE Sean	M	102	134	15'53.2	1'35.3	31	1'36.1	31	1'36.0	31	1'36.0	31	1'35.9	31	1'36.0	31	1'35.7	31	1'35.2	31	1'35.1	31	1'34.6	30	1'32.5	34			5'59.8
RAYET Teo	M	96.5	125	15'58.9	1'35.8	29	1'35.3	30	1'36.5	29	1'36.9	29	1'37.0	29	1'36.9	28	1'37.1	29	1'36.4	29	1'36.0	30	1'35.1	30	1'31.9	33	397	18.2	6'00.5
CATOUL Esteban	M	94.2	135	16'01.2	1'36.1	29	1'35.7	29	1'36.2	29	1'36.1	29	1'36.5	29	1'36.3	29	1'36.3	29	1'36.3	29	1'36.5	29	1'36.9	29	1'34.3	29	394		5'58.6
MARCELOT Victor	BM	79	124	16'04.5	1'36.4	30	1'36.3	31	1'36.9	29	1'37.0	29	1'36.8	30	1'36.7	30	1'36.5	31	1'36.7	30	1'37.3	30	1'36.9	30	1'33.2	32	390		6'03.8
TOLLET Maxence	M	81.5	142	16'07.9	1'36.7	29	1'36.1	32	1'36.9	30	1'37.0	30	1'37.0	29	1'36.9	30	1'37.4	30	1'37.4	29	1'37.4	28	1'37.0	28	1'34.6	31	386		6'12.0
LUDWIG Florian	BM	85	125	16'12.9	1'37.2	29	1'37.4	28	1'37.4	28	1'37.5	28	1'37.5	28	1'37.7	29	1'37.7	29	1'37.5	29	1'37.5	29	1'36.2	32	1'36.2	32	380	18.9	6'09.0
GADOUD Julien	M	83	135	16'18.2	1'37.8	31	1'36.9	30	1'36.8	30	1'36.8	30	1'37.1	31	1'37.9	31	1'38.6	31	1'39.0	32	1'39.8	31	1'38.8	31	1'37.4	33	374	17.5	6'07.4
BRISSON Liam	M	93		16'21.7	1'38.1	29	1'37.7	29	1'37.7	29	1'38.6	28	1'38.6	28	1'39.0	28	1'39.0	28	1'38.9	29	1'38.9	29	1'36.5	32	1'36.5	32			6'10.9
TURLAN Thibaud	M	92	135	16'22.8	1'38.2	27	1'36.0	29	1'36.8	27	1'37.5	27	1'38.5	27	1'39.5	27	1'38.9	27	1'37.9	27	1'40.7	27	1'37.0	26	1'40.0	26	369		6'05.3
ZEMAN Ondra	M	101	135	16'25.4	1'38.5	30											1'37.4	32					1'37.1	31	366			6'04.0	
RUBIO Charlie	M	86.5	127	16'31.5	1'39.1	27	1'38.0	28	1'38.0	28	1'39.7	28	1'39.7	28	1'40.6	28	1'40.6	28	1'45.5	27	1'45.5	27	1'35.9	28	1'35.9	28	359	13.8	6'04.2
PFISTER Armand	BM	84.5	130	16'36.3	1'39.6	28	1'38.4	28	1'39.3	28	1'39.1	28	1'39.1	28	1'38.8	29	1'39.8	29	1'40.7	27	1'41.8	29	1'41.0	29	1'38.3	27	354	17	6'14.3
TETAZ Jules	M	81.5	134	16'45.9	1'40.5	29	1'37.6	28	1'38.8	29	1'40.1	28	1'40.4	29	1'41.4	29	1'42.6	ec	1'42.1	29	1'42.1	31	1'41.8	31	1'39.1	32	344	15.6	6'24.0
ANDRODDIAS Matthieu	M	92	142	DNF			1'31.7	32	1'32.8	30	1'32.4	31	1'32.6	31	1'32.3	29													5'52.3
BOUCHERON Hugo	M	98		DNF	1'34.4	28.5	1'34.8	29	1'34.8	29	1'34.6	29	1'34.6	29	1'34.0	28	1'34.0	28	1'34.2	28	1'34.2	28							5'55.4

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Name	Cat.	Weight	Drag	5k	Av./500m	Av. Rate	1	Rate	2	Rate	3	Rate	4	Rate	5	Rate	6	Rate	7	Rate	8	Rate	9	Rate	10	Rate	Av./Watt	Lactate	2K Fév-22
LUDWIG Ferdinand	BLM	71		16'19.2	1'37.9	29	1'36.8	30	1'37.7	29	1'37.8	29	1'37.9	28	1'38.1	29	1'38.3	28	1'38.3	29	1'38.7	29	1'38.9	29	1'36.7	33	373		6'09.9
BEUREY Hugo	LM	74	130	16'26.7	1'38.6	33				1'40.0	33			1'39.6	33		1'39.2	33				1'38.9	33		1'35.5	36	364		6'09.1
DAVID Benjamin	LM	74.5	137	16'28.6	1'38.8	29	1'38.7	30	1'40.3	29	1'40.1	28	1'40.1	18	1'40.1	28	1'39.8	28	1'39.1	28	1'38.4	28	1'37.3	30	1'34.8	34	362		INJ

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Name	Cat.	Weight	Drag	5k	Av./500m	Av. Rate	1	Rate	2	Rate	3	Rate	4	Rate	5	Rate	6	Rate	7	Rate	8	Rate	9	Rate	10	Rate	Av./Watt	Lactate	2K Fév-22
MORIZOT Aurelie	LW	59.8	115	18'49.0	1'52.9	30	1'51.9	32	1'52.2	31	1'52.3	31	1'52.4	31	1'52.6	31	1'53.0	31	1'53.4	31	1'54.6	30	1'54.6	29	1'52.0	30			7'10.5
TARANTOLA Laura	LW	61.3	115	18'53.0	1'53.3	28	1'52.0	29	1'53.1	28	1'53.2	28	1'53.7	27	1'54.1	28	1'54.1	28	1'53.9	28	1'54.2	28	1'53.7	29	1'50.9	33	241	24.7	7'13.5
DUNCAN Suzannah	LW	60.05	115	18'54.6	1'53.4	28	1'49.3	31	1'55.1	29	1'51.4	29	1'51.6	29	1'51.9	29	1'52.9	28	1'53.7	28	1'54.3	28	1'56.6	28	2'00.1	30	240	18.2	7'10.5
BOVE Claire	LW	60.1	115	18'58.5	1'53.8	28	1'53.5	29	1'54.0	28	1'54.4	28	1'54.5	28	1'54.8	28	1'54.5	29	1'54.3	28	1'53.8	29	1'53.5	30	1'51.2	32	237	19.1	7'14.3
TARDOS Elodie	LW			19'07.6	1'54.7	28	1'52.7	29	1'53.3	28	1'53.6	29	1'54.5	28	1'54.6	28	1'55.6	28	1'56.2	28	1'57.6	28	1'56.1	28	1'53.4	31			7'16.5

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OUDET Agathe	BW	88	120	17'44.7	1'46.4	28	1'43.4	30	1'46.6	28	1'46.7	28	1'46.6	28	1'47.1	29	1'47.2	28	1'47.1	28	1'48.0	28	1'47.3	29	1'44.7	31	290		6'42.1
BROSSE Adele	W	92	120	17'45.2	1'46.5	29	1'44.6	30	1'47.0	28	1'47.0	29	1'47.0	29	1'47.3	29	1'47.9	28	1'47.7	29	1'47.5	29	1'45.4	30	1'43.6	32	290		6'47.9
CORNELIS Emma	W	68	120	18'04.5	1'48.4	31	1'47.7	32	1'47.8	31	1'47.9	31	1'47.8	31	1'48.0	32	1'48.6	30	1'48.2	31	1'48.9	31	1'49.1	32	1'50.6	31	274		6'55.7
JUILLET Camille	W	72	120	18'04.7	1'48.4	30	1'47.6	32	1'48.5	30	1'48.8	31	1'48.8	31	1'48.6	32	1'49.4	29	1'48.6	30	1'49.3	31	1'48.5	30	1'46.8	30	274		6'51.2
AERNOUTS Violaine	W	77	120	18'06.0	1'48.6	29	1'48.6	30	1'49.4	29	1'49.0	29	1'49.2	29	1'49.2	29	1'48.9	29	1'48.9	29	1'48.6	29	1'48.5	29	1'45.6	34	273.3	18.2	6'54.7
BUGNARD Pauline	W			18'06.6	1'48.6	30	1'47.9	30	1'49.2	29	1'48.8	29	1'48.5	30	1'48.2	30	1'47.9	30	1'48.9	30	1'49.0	31	1'49.1	32	1'48.6	34			6'59.5
JACQUET Marie	W	73	120	18'07.7	1'48.7	29	1'48.8	29	1'49.4	29	1'49.2	29	1'49.2	29	1'49.1	29	1'48.8	20	1'48.1	29	1'48.8	29	1'49.9	28	1'47.0	33	272	10.9	6'55.8
CORNUT Maya	W	77	120	18'14.0	1'49.4	31	1'46.6	32	1'47.2	31	1'47.2	31	1'47.7	31	1'50.2	32	1'52.9	29	1'51.5	31	1'51.4	31	1'50.4	32	1'49.0	31	267		6'49.7
FEUTRIE Audrey	W	70	120	18'24.8	1'50.4	29	1'48.7	30	1'51.0	28	1'51.4	29	1'51.5	29	1'51.6	28	1'51.5	29	1'50.7	29	1'50.8	29	1'50.6	30	1'47.0	35	260		7'08.0
ROSSIGNOL Pauline	BW	81	120	18'57.2	1'53.7	26	1'50.8	28	1'51.4	27	1'51.5	27	1'52.5	26	1'54.3	26	1'56.0	25	1'55.6	26	1'55.2	26	1'56.2	26	1'53.7	28	238	141	7'05.5
CORNUT-DANJOU Josephine	BW			INJ																								7'06.7	
LUNATTI Emma	W			INJ																								INJ	
BAILLEUL Margaux	W			INJ																								INJ	